



What could be more important than being who you are and giving what you can best give? The process of becoming, unfolding is like blossoming and indeed it is said that one blossoms, especially when one feels love. And so, to be connected with what one loves and one's true nature, also love, is a way of wisdom and freedom. There are many ways and one of them is yours. There is no point in trying to be like anyone else - why not be most oneself?! That's the only way to unfurl one's unique gifts. Hear Clarissa Pinkola Estés' Tres Segretos: "Since you were born gifted, you will never lead an ordinary life... You are one of a kind. Your eccentricities are the first signs of your giftedness...Normalcy is the enemy of giftedness." There is no need to be frightened. Breathe and count your breaths until you settle into being. Here. Welcome back all the rejected aspects of your Self and you will have so much more energy to devote to your own way. This could be called the way of the visionary. And while it sounds elite and unreachable, all it means is you can see and take action in that direction. Reconnected with your curiosity, your imagination and with some new skills, you can more easily imagine... and experience wonder and gratitude. All this is foundational to true creative thinking through which your only original contribution might be made. Then you may know a sense of purpose. All that you need to get started is your intention and willingness to make a difference. So lean into your potential; go beyond what you think is possible, enquiring and experiencing life with awareness despite the day job, despite the income, despite the worries and protestations of the 'little me'. There is freedom to be who you are – your 'true colours' – by shedding what is not yours and exploring and cultivating what is. Your 'true colours' are always available to you... Now is the time to ask "What if I am true; visionary, my own person, loving my eccentricities, my precious life, both hungry for something better and soul-nourished, what might be possible...?"

Restore your true colours. Be luminary.
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